

Mental Health Intake Form

			(all informa	ation on th	is form is strictly confidential)					
Patie	ent First Name:			Patient Last Name:	Patient Last Name:					
Nam	e of Person completing form (if othe	er than p	oatient):							
Date	Completed:				Patient Date of Birth:					
	ary Care Physician:				Physician Phone:					
PIIIII	ary care Physician.				Physician Phone.					
Currer	nt Symptoms Checklist (please check	call app	ropriate colui	mns)						
	(p.case ee.			Г			T ·			
	A	Mild	Moderate	Severe	to describe some or		Mild	Moderate	Severe	
	Aggression				Judgment errors		-			
	Agitation				Loneliness Loss of interest in activities	+				
	Anger Anxiety				Memory impairment					
	·				Mood swings	+				
	Appetite change				Obsessions	+				
	Change in libido Compulsions									
	·				Oppositional behavior					
	Crying/tearful			1	Panic attacks					
	Cyber addiction				Paranoia	+				
	Delusions				Phobias/fears					
	Depression				Physical trauma perpetrator					
	Disorientation				Physical trauma victim		<u> </u>			
	Difficulty getting out of bed				Poor concentration					
	Difficulty making decisions				Poor grooming					
	Distractibility				Racing thoughts					
	Eating disorder				Recurring thoughts					
	Elevated mood				Self-mutilation					
	Emotional trauma perpetrator				Sexual addiction					
	Emotional trauma victim				Sexual difficulties					
	Excessive energy				Sexual trauma perpetrator					
	Fatigue				Sexual trauma victim					
	Grief				Sleep problems					
	Guilt				Speech problems					
	Gambling				Social isolation					
	Hallucinations				Substance abuse					
	Hearing voices				Suicidal thoughts					
	Heart palpitations				Worried					
	Hopelessness				Worthlessness					
	Hyperactivity				Other:					
	Impulsivity				Other:					
	Irritability				Other:					
	CAL HISTORY									
	nt Medications									
Med	ication Name		Total Daily	y Dosage		Estimated S	tart Da	te		
			1							
Descri	be current physical health: 🛚 Good	d 🗆 Fai	ir 🛮 Poor							
ist an	y known allergies:									
ast n	onpsychiatric hospitalizations or surg	geries:								
ο γοι	u exercise regularly?)								

	You	Family	Who?			You	Family	Who?	
Alzheimer's/Dementia				Head Injury					
Anemia				Heart Disease					
Arthritis				High Blood Pressure	!				
Asthma				High Cholesterol					
Behavioral problems				HIV Positive or AIDS					
Birth defects				Kidney Problems					
Cancer				Liver Problems/Hep	atitis				
Chronic Fatigue				Lung Disease					
Chronic Pain				Mental Retardation					
Diabetes				Migraine or Cluster					
Ear/Nose/Throat Problems				Neurological Proble	ms				
Eating Disorder				Skin Disease					
Emotional Problems				Sleep Apnea					
Endocrine/Hormone Problems				Stroke					
Epilepsy or Seizures				Thyroid Disease					
Eye Problems				Tuberculosis		$\perp \sqsubseteq$			
Fibromyalgia				Urological Problems		1 -		1	
Gastrointestinal Problems				Viral Illness/Herpes		 			
Genital/Gynecological Problem	ıs 🗆			Other:					
patient Treatment (for psychiatr	ic, emotio	nal, or subst	ance abuse diso	rder)? 🔲 Yes 🏻	□ No If yes	, please d	escribe:		
n		Date Ho	Date Hospitalized When						
History (has anyone in your famil	y ever bee	en treated fo	or any of the follo	owing)?					
	Father	Mother	Aunt	Uncle	Brother	Siste	r Cl	nildren	Grandpar
ssion			☐ Maternal ☐ Paternal	☐ Maternal ☐ Paternal					☐ Matern☐ Paterna
ty			☐ Maternal ☐ Paternal	☐ Maternal ☐ Paternal					☐ Matern☐ Paterna
Attacks			☐ Maternal ☐ Paternal	☐ Maternal ☐ Paternal					☐ Matern☐ Paterna
raumatic Stress			☐ Maternal ☐ Paternal	☐ Maternal ☐ Paternal					☐ Matern☐ Paterna
r Disorder/Manic ssion			☐ Maternal ☐ Paternal	☐ Maternal ☐ Paternal					☐ Matern☐ Paterna
phrenia			☐ Maternal ☐ Paternal	☐ Maternal ☐ Paternal					☐ Matern☐ Paterna
ol Problems			☐ Maternal ☐ Paternal	☐ Maternal ☐ Paternal					☐ Matern☐ Paterna
		1		T					1

☐ Paternal

 \square Maternal

☐ Paternal

ADHD

☐ Paternal

 \square Maternal

☐ Paternal

□ Paternal
□ Maternal

 \square Paternal

Suicide Attempts			☐ Maternal ☐ Paternal							☐ Maternal ☐ Paternal	
Psychiatric Hospitalization			☐ Maternal ☐ Paternal	ternal 🔲					☐ Maternal ☐ Paternal		
Past Psychiatric Medications (if you ha	ave ever take	en any of the	following medica	tions, ind	dicate the	date, dosage	, and how hel	pful they w			
Antidepressants	Check i	f taken	When?			Dosage?	Did i	Did it help? Any side effects			
Prozac (fluoxetine)]					☐ Yes	□ No	☐ Yes ☐ No		
Zoloft (sertraline)]					☐ Yes	□ No	☐ Yes	□ No	
Luvox (fluvoxamine)]					☐ Yes	□ No	☐ Yes	□No	
Paxil (paroxetine)							☐ Yes	□ No	☐ Yes	□No	
Celexa (citalopram)							☐ Yes	□ No	☐ Yes	□No	
Effexor (venlafaxine)]					☐ Yes	□ No	☐ Yes	□No	
Cymbalta (duloxetine)]					☐ Yes	□ No	☐ Yes	□ No	
Wellbutrin (bupropion)]					☐ Yes	□ No	☐ Yes	□No	
Remeron (mirtazapine)							☐ Yes	□No	☐ Yes	□No	
Serzone (nefazodone)							☐ Yes	□No	☐ Yes	□No	
Anafranil (clomipramine)							☐ Yes	□No	☐ Yes	□No	
Pamelor (nortrptyline)]					☐ Yes	□No	☐ Yes	□No	
Tofranil (imipramine)]					☐ Yes	□No	☐ Yes	□No	
Elavil (amitriptyline)]					☐ Yes	□No	☐ Yes	□No	
Pristiq (desvenlafaxin)]					☐ Yes	□No	☐ Yes	□No	
Desyrel (trazadone)]					☐ Yes	□No	☐ Yes	□No	
Viibryd (vilazodone)							☐ Yes	□No	☐ Yes	□No	
Adapin (doxepin)		_					☐ Yes	□No	☐ Yes	□No	
Asendin (amoxapine)							☐ Yes	□No	☐ Yes	□No	
Ludiomil (maprotiline)							☐ Yes	□No	☐ Yes	□No	
Norpramin (desipramine)							☐ Yes	□No	☐ Yes	□No	
Surmontil (trimipramine)						С		□No	☐ Yes	□No	
Vivactil (protriptyline)							☐ Yes	□No	☐ Yes	□No	
Antipsychotics/Mood Stabilizers	Check i		When?		Dosage?		Did i	Did it help?		Any side effects?	
Seroquel (quetiapine)]					☐ Yes	□No	☐ Yes	□No	
Zyprexa (olanzapine)]					☐ Yes	□No	☐ Yes	□No	
Geodon (ziprasidone)							☐ Yes	□No	☐ Yes	□No	
Abilify (aripiprazole)							☐ Yes	□No	☐ Yes	□No	
Clozaril (clozapine)							☐ Yes	□No	☐ Yes	□No	
Haldol (haloperidol)							☐ Yes	□No	☐ Yes	□No	
Prolixin (fluphenazine)							☐ Yes	□No	☐ Yes	□No	
Sedative/Hypnotics	Check i	f taken	When?		Dosage?		Did i	Did it help?		Any side effects?	
Ambien (zolpidem)		1			-		☐ Yes	☐ Yes ☐ No		☐ Yes ☐ No	
Sonata (zaleplon)							☐ Yes	☐ Yes ☐ No [☐ Yes ☐ No	
Restoril (temazepam)							☐ Yes	□No	☐ Yes	□No	
Rozerem (ramelteon)							☐ Yes			□No	
Desyrel (trazodone)							☐ Yes	□No	☐ Yes	□ No	

ADHD Medications	Check if taken	When	When?		Dosage?		Did it help?		Any side effects?	
Adderall (amphetamine)						☐ Yes	□No	☐ Yes	□ No	
Concerta (methylphenidate)						☐ Yes	□No	☐ Yes	□ No	
Ritalin (methylphenidate)						☐ Yes	□No	☐ Yes	□ No	
Strattera (atomoxetine)						☐ Yes	□No	☐ Yes	□No	
Antianxiety Medications	Check if taken	When	?	Dosag	e?	Did it help?		Any side effects?		
Xanax (alprazolam)							□No	☐ Yes	□No	
Ativan (lorazepam)						☐ Yes	□No	☐ Yes	□No	
Klonopin (clonazepam)						☐ Yes ☐ No		☐ Yes	□No	
Valium (diazepam)						☐ Yes ☐ No		☐ Yes	□ No	
Tranxene (clorazepate)						☐ Yes ☐ No		☐ Yes	□ No	
Buspar (buspirone)						☐ Yes ☐ No		☐ Yes	□No	
Other Medications (specify)	Check if taken	When	?	Dosag	e?	Did it help?		Any side effects?		
						☐ Yes	□No	☐ Yes	□ No	
						☐ Yes	□ No	☐ Yes	□No	
						☐ Yes	□No	☐ Yes	□ No	
Treatment History: ☐ Outpatient ☐ Inpatient ☐ 12 Substances Used (check all that appl		opped on own 口	Other:							
Ever Used?	First use age	Last use age	Curre	ntly Used?	Fred	quency		Amo	unt	
□ Alcohol			□ Y€	es 🗆 No						
☐ Amphetamines/Speed			□ Ye	es 🗆 No						
☐ Barbiturates			□ Y€	es 🗆 No						
☐ Caffeine			□ Y€	es 🗆 No						
☐ Cocaine			□ Y€	es 🗆 No						
☐ Crack Cocaine			□ Y€	es 🗆 No						
□ Ecstasy			□ Y€	es 🗆 No						
☐ Hallucinogens (LSD			□ Y€	es 🗆 No						
☐ Heroin			□ Y€	es 🗆 No						
☐ Inhalants			□Y€	es 🗆 No						
☐ Marijuana			□ Ye	es 🗆 No						
☐ Methadone			□Y€	es 🗆 No						
☐ Methamphetamine			□ Ye	es 🗆 No						
☐ Painkillers				es 🗆 NO			- 1			
☐ Nicotine/Tobacco			□ Y€	es 🗆 No						
□ PCP			□ Y€	es 🗆 No						
□ PCP □ Tranquilizers			□ Ye	es 🗆 No						

FAMILY HISTORY

Family of Origin

Current or highest education level:

running or origin									
Present During Childhood		Present entire childhood	Present part of childhood	Not present at all	Parents' Current Marital Status:		Childhood Family Experience:		
Biological Mother					☐ Married to each other		☐ Outstanding home environment		
Biological Father					☐ Separated for years		☐ Normal home environment		
Adoptive Mother					☐ Divorced for years		☐ Chaotic home environment ☐ Neglected		
Adoptive Father					☐ Mother remarried times ☐ Father remarried times		☐ Witnessed physical/verbal/sexual		
Stepmother					☐ Mother involved with someone		abuse towards others		
Stepfather					☐ Father involved with someone		☐ Experienced physical/verbal/sexual abuse from others		
Brother(s)						☐ Mother deceased for years			
Sister(s)						Age of patient at mother's death: Age of ema			
Other:					Age of patient at fat	ther's death:			
DEVELOPMENTAL I	HISTORY								
Problems during mother's pregnancy	blood pressure ey infection	☐ German ☐ Emotion ☐ Bleeding	al stress	☐ Alcohol use ☐ Drug use ☐ Cigarette use	☐ Other:				
Birth ☐ Normal delivery ☐ Difficu			Difficult delive	ery 🗆 Ce	esarean delivery 🔲 C	Complications:			
Birth Weight lbs oz.									
Infancy	☐ Feedi	ng problems 🗆	Sleep proble	ems 🗆 To	oilet training problems				
Delayed Developm	ent Miles	tones (check only	those milest	ones that o	lid not occur at an expe	ected age)			
☐ Sitting ☐ Speaking words ☐ Dressing self ☐		☐ Rolling over ☐ Speaking sent ☐ Engaging peer ☐ Other:	ences		ing bladder □ C	Valking controlling bowels laying cooperatively	☐ Feeding self ☐ Sleeping alone ☐ Riding tricycle		
Childhood Health									
☐ Scarlet fever (age:) ☐ Lead por ☐ Pneumonia (age:) ☐ Tuberco		☐ German meas ☐ Lead poisonin ☐ Tuberculosis (☐ Allergies to:	g (age:)	☐ Red mea☐ Mumps☐ Mental r	(age:)	heumatic fever (age liphtheria (age:) autism	:) ☐ Whooping cough (age:) ☐ Poliomyelitis (age:) ☐ Ear infections		
☐ Fire setting ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐		ems Alcohol abuse Hyperactive Not trustwort Self-injurious Extreme worr	hy threats ier	☐ Chronic ☐ Animal o ☐ Hostile/a ☐ Frequen ☐ Self-inju ☐ Breaks t	ruelty		☐ Violent temper ☐ Disobedient ☐ Immature s ☐ Lack of attachment ☐ Easily distracted		
Social Interaction ☐ Normal social interaction ☐ Dominates others ☐ Very shy		☐ Isolates self☐ Very shy		☐ Alienates self ☐ Associates with acting ou		☐ Inappropriate sex play t peers ☐ Other:			
Intellectual/Academic Functioning ☐ Normal intelligence ☐ High intellige ☐ Underachieving ☐ Mild retardat			☐ Learning		uthority conflicts evere retardation	☐ Attention problems			

SOCIO-ECONOMIC HISTORY		
Living Situation:	Social Support System:	Financial Situation:
☐ housing adequate	☐ supportive network	\square no current financial problems
□ homeless	☐ few friends	☐ large indebtedness
☐ housing overcrowded	☐ substance-use-based friends	☐ poverty or below-poverty income
dependent on others for housing	☐ no friends	☐ impulsive spending
☐ housing dangerous/deteriorating	\square distance from family of origin	☐ relationship conflicts over finances
☐ living companions dysfunctional		
Employment:	Legal History:	Military History:
☐ employed and satisfied	☐ no legal problems	☐ never in military
☐ employed but dissatisfied	\square now on parole/probation	☐ served in military – no incident
☐ unemployed	☐ arrest(s) not substance-related	☐ served in military – with incident
☐ coworker conflicts	☐ arrest(s) substance related	☐ currently serving in military
☐ supervisor conflicts	☐ court ordered this treatment	☐ honorable discharge
☐ unstable work history	☐ jail/prison time(s)	☐ other type of discharge:
☐ disabled:	total time served:	
Sexual History:	Cultural/Spiritual/Recreational History	
☐ straight/heterosexual orientation	Cultural Identity (ethnicity, religion):	
☐ lesbian/gay/homosexual orientation	Describe any cultural issues that contribute to curre	ent problem(s):
☐ bisexual orientation	Currently active in community/recreational activities	es? 🗆 Yes 🗆 No
☐ transsexual	Formerly active in community/recreational activities	es? □ Yes □ No
□ asexual	Currently engage in hobbies?	☐ Yes ☐ No
☐ unsure/questioning orientation	Currently participate in spiritual activities?	☐ Yes ☐ No
☐ currently sexually active		
☐ currently sexually satisfied	Relationship History and Current Family:	
☐ currently sexually dissatisfied	☐ married ☐ children living at home	
☐ age first sex experience:	☐ divorced ☐ children living elsewher	re
☐ age first pregnancy/fatherhood:	□ single	
☐ history of promiscuity age to	□ widowed	
☐ history of unsafe sex age to	☐ in a relationship	

